



Active Cities Week

2026

23rd – 30th September



Community

Equality

Participation

Empowerment

**COMMUNITY
DEVELOPMENT
& INCLUSION**

Making a Difference

Comhairle Contae
Fhine Gall
Fingal County
Council

ACTIVE TRAVEL AND SPORT



Active Cities Week in Fingal

Join us for Fingal Active Cities Week, delivered in partnership with Fingal Community Department, Utilising our community centres, and Active Spaces to deliver a suite of activities across the county. This week-long celebration, taking place during European Week of Sport, highlights the wide range of opportunities available for people of all ages and abilities to get active, connect with their communities, and enjoy the benefits of sport and physical activity.

Guided by the Active Cities vision to engage, maintain, and increase participation in sport and physical activity among all citizens, Active Cities Week aims to inspire healthier, more active lifestyles throughout Fingal. Through local events, taster sessions, community activities, and inclusive programmes, residents will have the chance to discover new ways to move more and be more active in their everyday lives.

Built around the four key pillars of the Global Action Plan on Physical Activity, Active Cities Week promotes:

- **Active Systems** – strengthening partnerships and community supports
- **Active Environments** – making use of local spaces and facilities
- **Active Societies** – fostering a culture that values physical activity
- **Active People** – creating opportunities for everyone to participate

Check out your local Fingal Community Centre to find activities near you, from Ballet to Badminton there is something for everyone!

Dublin 15



Circuit Training

Location: Parslickstown House - D15 FX30

Date & Time: 26TH of September @ 10am - 11am

Contact to book: 01 8151779 or email
info@parslickstownhouse.ie

6 Week Ballroom Dancing Course

Location: Meakstown Community Centre - D11N23T

Date & Time: Classes start 23rd September 1pm - 2pm -
remaining 5 classes every Monday from 11am - 12pm

Contact to book: 01 4821128 or email
info@meakstowncommunitycentre.ie

6 Week Dance Class

Location: Corduff Sports Centre - D15 T861

Date & Time: Wednesday 23rd September @ 11am
until noon

Contact to book: 01 8202490 or email
corduffcrc@gmail.com

Ballroom Dancing - 6 Week Course

Location: Hartstown Community Centre - D15CY60

Date & Time: 24th September, every Thursday until the
5th of November @ 7pm-8pm

Contact to book: 0858298000 - info@hartstowncrc.ie

Adult Ballet Classes

Location: Luttrellstown Community Centre - D15 DY29

Date & Time: 25th September 9am - 10:30am

Contact to book: 01 8179896

Adult Badminton Tournament

Location: Ongar Community Centre - D15 VR72

Date & Time: 26th of September 4-6pm

Contact to book: Phone: (01) 826 0366 - info@ongarcc.ie

Fingal Sports Office

Community Roller Skate Event

Location: Mountview Youth Community Centre - D15 EY81

Date & Time: 26th of September

Family Roller Skating – 6-6.45 pm

Family Roller Skating – 7-7.45 pm

Contact to book: Noel.mcmanus@fingal.ie

Dublin 15



Kids Badminton Tournament

Location: Tyrrelstown Community Centre - D15 PWY2

Date & Time: 27th of September 1 - 4pm

Contact to book: Phone: 01 827 4046 -
info@tyrrelstownncc.ie

Fit Kids, Fit Teens Programme 6 Week Course

Location: Blakestown Community Centre - D15 TX62

Date & Time: Commencing 27th September from 10am -
11am - 6 Week Programme

Contact to book: 01 8203096 - info@blakestownncrc.ie



Zumba Classes

Location: Balbriggan Travellers Project, Matt Lane
Community Centre, K32 P660

Date & Time: 23rd - 30th September 2026

Beginner's Hatha Yoga

Location: Saint MacCullins, Church Road, Lusk,
K45 VE83

Date & Time: Wednesday, 23rd September 7:00pm -
8:00pm

To Book Contact: 01 895 4180 or Email
cottagecommunitycentre@yahoo.com

Numbers for each class are limited.

3 Day Walk & Talk Programme

Location: Donabate Portrane Community Centre K36
F598/Newbridge Park K36 VR90

Date & Time: 23rd, 28th September Meeting @ Donabate
Portrane CC 3-4pm

25th September Meeting @ Newbridge Park 10:45-12pm

To Book Contact: 01 8434546 or Call into the Centre!

Introduction to Strength Training (55+)

Location: Saint MacCullins, Church Road, Lusk, K45 VE83

Date & Time: Thursday, 24th September 5:15pm - 6:00pm

To Book Contact: 01 895 4180 or Email
cottagecommunitycentre@yahoo.com

Numbers for each class are limited.

Seniors Easy to follow DanceFit Class

Location: Saint MacCullins, Church Road, Lusk,
K45 VE83

Date & Time: Friday, 25th September 10am - 11am

To Book Contact: 01 895 4180 or Email
cottagecommunitycentre@yahoo.com

Numbers for each class are limited.

Five A Side Football Tournament

Location: Castleland Community Centre - K32 KK33

Date & Time: 25th September 7pm-10pm

BOOKED OUT

Adults Introduction to Ballet

Location: Baldoyle Racecourse Community Centre - D13X226

Date & Time: 24th of September 10am - 11am Weekly

Contact to book: Email
theodetteschoolofballet@gmail.com

5 Week Active Programme

- **Week 1:** Circuit Training & Stretching
- **Week 2:** Energy Movement Class & EFT (Emotional Freedom Technique)
- **Week 3:** Energy Cleanse & Positive Mental Attitude
- **Week 4:** Circuit Training & Relaxation Class
- **Week 5:** Stretching, Meditation & Energy Cleanse

Location: Fingal Liam Rodgers Centre - K67A0Y1

Date & Time: Friday 25th September - Friday 23rd October 6pm-7pm

Contact to Book: 01 8956276

Fitness to Football for Teens - 5 Week Programme

1 hour Sessions

Location: Applewood Community Centre - K67 P7V2

Date & Time: 28th of September @ 5pm - 6pm

Contact to book: info@applewoodcc.ie - 01 807 9582 or
pop in to register!

FINGAL SPORTS OFFICE

**Fingal County Councils Sports Office
have a range of programmes –
to book please click **HERE****

MORE INFO: SPORTS@FINGAL.IE

Fingal Sports Office Community Roller Skate Event

Location: Mountview Youth Community Centre

Date & Time: 26th of September

Family Roller Skating – 6-6.45 pm

Family Roller Skating – 7-7.45 pm

Contact to book: Noel.mcmanus@fingal.ie

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Active
Cities
DUBLIN



Fingal Sports Equipment Grants

01

Essential Sports Equipment Grant

Up to €1500 available

To help sports clubs purchase essential sports equipment needed for daily training and activities.

Clubs can apply for this grant annually
Clubs can only apply for one grant per year

02

Large Sports Equipment Grant

Up to €4000 available

To assist sports clubs in acquiring larger equipment or embarking on projects that demand a significant investment.

Clubs can apply for this grant every two years
Clubs can only apply for one grant per year

Sports Activity Grant

Up to €500 available

To assist sports clubs in delivering an activity or event that is open to both members and non-members of the club

Clubs can apply for this grant every year as well as Large or Essential Grant

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