

Spotlight on... Applewood Community Centre



Applewood Community Centre opened its doors in 2013 as part of the Fingal schools model and is available seven days a week. The Centre are always looking for new ideas for activities and events with the aim to be a positive hub for the community allowing everyone to take part in:

- Sport with a large sports hall on site that can cater for a number of varied sports bookings
- Leisure
- Community Development with 3 meeting rooms on site that can be used for training , meetings, youth activities to name a few. Internet access and projectors can also be supplied for any bookings. A childcare facility is also available that hosts a breakfast club in the morning
- Educational and recreational activities with the centre having a Dance studio equipped with wall to wall mirrors and a sprung floor, available for dance and fitness activities.
- The centre has Braille signage on all directional and door signage

For more information, feel free to call or visit and the centre's staff will give you a timetable and show you how to book-in for activities. New people are always welcomed to get involved to assist in the aim of building a better community for all.



**Comhairle Contae
Fhine Gall**
Fingal County
Council



MONTHLY NEWSLETTER

Fingal Climate Action Festival

Come to the Fingal Climate Action Festival in Millennium Park on Saturday 14th. Lots of great activities to get you Climate Ready during Dublin Climate Action Week! Get your bike repaired for free, bring along an item of clothing for repair, see and hold live fish in the aquarium and learn about composting food waste, plus the community garden tour at 2pm – all while listening to live music played with recycled instruments! Edible treats provided by Food Cloud, bring your Reusable cup for your beverage! This is a Free Event. See you there #DCAW24 #Fingal #ClimateAction



For information on other events happening for Dublin Climate Action Week see [Dublin Climate Action Week 2024 | Climate Change Events Dublin \(codema.ie\)](#).

Positions available

Mulhuddart Community Centre

Mulhuddart Community Centre are seeking a full time Community Program Service Manager. All potential candidate requirement and role details can be found on the FCFN website [here](#). The closing date for submission is Monday the 23rd of September 2024



Castleknock Community Centre

Castleknock Community Centre are seeking a full time Centre manager. All candidate requirements and role responsibilities can be seen on the downloadable Jobs Ireland advert on the FCFN website [here](#).



Carmichael online training workshops

The Community Development Office are providing free online training workshops for staff who's Centres are part of the Facilities Network. The full list of courses available, along with dates and times, can be found [here](#) on the Carmichael website.

If you would like to avail of any of these workshops, please email Ciaran.morgan@fingal.ie with the attendees full name and chosen session – a link to register will then be sent on.

*Please note the workshops are non refundable to FCC and are limited to 2 per person to be given on a first come, first serve basis.

Carmichael.

Mental Health Peer Support Training - Cycle against Suicide

Cycle against Suicide are providing this training to all volunteers in clubs and associations in a drive to encourage one of them to take on this vital role for their club or association and help bring Peer-Support to the heart of communities as a critical part of mental health awareness and suicide prevention.

Their training in Mental Health Peer-Support creates a compassionate network within a club and a community. The training transcends traditional boundaries, breaking down the stigma associated with mental health discussions. The benefits are profound and far-reaching. Trained peer-supporters are attuned to subtle shifts in their community's well-being. This heightened awareness fosters a culture of genuine care and concern.

Course: Cycle Against Suicide Mental Health Peer Support (Buddy) Training
 Details: www.cycleagainstsucide.com/register-to-become-community-buddy/
 Cost: *Free of charge. No funding needed.
 Delivery: Online via Zoom
 Time: 7-10pm on 4 evenings over 2 weeks
 Dates: September: Mon 23rd, Wed 25th & Mon 30th, Wed 2nd Oct

To Register: training@cycleagainstsucide.com
 or online at www.cycleagainstsucide.com/register-to-become-community-buddy/
 *free to volunteers in a community club or association or who are associated with any part of their community's safety, health and wellbeing.

The mental health of our communities is extremely important to us.
 "It's OK not to feel OK, and it's absolutely OK to ask for help."



Is there a **Mental Health Peer-Supporter** available in your club or association?

Cycle Against Suicide's free* online Mental Health Peer-Support Training equips the everyday person with the step-by-step tools to give mental health support to their peers.

Train in Mental Health Peer-Support with Cycle Against Suicide to:

- Gain a better understanding of what peer support is and its role in maintaining good mental health within our communities.
- Learn how to use peer support if someone in your club, association or community needs mental health support.



Become Your Club/Association's **Mental Health Peer-Supporter!**
 For dates and times of training, or to express interest email: training@cycleagainstsucide.com
 Or register directly online with this QR code or at: www.cycleagainstsucide.com/community-buddy/



*It's OK not to feel OK, and it's absolutely OK to ask for help.
 *Subject to our community guidelines which can be found at www.cycleagainstsucide.com

Howth Maritime Festival 2024

Mark your calendars for the Howth Maritime & Seafood Festival taking place this weekend the 7th and 8th of September. It's a weekend that promises unforgettable memories, laughter, and the taste of the sea like you've never experienced before.

Join us as we come together to celebrate the essence of Howth – its rich maritime history, the flavors of the sea, and the warmth of its community. Don't miss out on this extraordinary seaside celebration!

We can't wait to welcome you to Howth for a weekend of maritime magic

More information on the event can be found on Fingals webpage [here](#)



Fingals Climate Action Plan 2024 - 2029, Facilities Keen to be Green update 2024

Please follow the link to the Facilities Network webpage post [here](#), where all news and updates can be seen on the Community Facilities Keen to be Green work on events and activities that have taken place - and future locations and details of the events coming up in 2024



Webpages and items of interest

Fingal County Council webpage - <https://www.fingal.ie/>

Fingal Community Facilities Network webpage - <https://fingalcommunityfacilitiesnetwork.ie/>

Fingal Volunteer Centre - <https://volunteerfingal.ie/>

Fingal County Council Community and Sport Community Grants and Funding webpage - https://www.fingal.ie/council/service/community-grants-and-funding_

