



Fingal Older People's Council

Memory Makers - Recipe book 2022

It was Christmas eve and as I busied myself in the kitchen preparing for Christmas day the smells from the oven suddenly transported me



back to when I was 7 again watching my grandma as she hummed Christmas songs in her messy apron surrounded by flour, eggs, fruit and a bottle of Guinness preparing the lovely Christmas cake that we all adored.....

Fingal Older Peoples Council are producing a Memory Maker -Recipe Book that will be available in December 2022 to include in your Christmas stocking, but we need your help.

We are seeking favourite family recipes accompanied by a short story, poem, picture or anecdote that sums up the memories or feelings the recipe recalls.

If you would like to contribute to this beautiful

Memory Maker- Recipe book please send your recipes & accompanying piece to community@fingal.ie or give them to your local OPC representative, Community Officer or post to the address below by **Thursday 31st August 2022.**

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Clár Éire Ildánach
Creative Ireland
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2017-2022



Comhairle Contae
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