

16-21 NOVEMBER 2020



FINGAL INCLUSION WEEK *It's for everyone!*

CLICK  ON THE
EVENT NAMES
BELOW FOR MORE
INFORMATION

Monday 16 November

- 9:30am Educational Guidance and Information Sessions
- 10:00am Gardening for Mental Health with Aoife Munn
- 11:00am Learning Together in Nature
- 1:00pm Virtual Respect Cup
- 2:00pm 5 Ways to Well Being for Community Groups
- 7:00pm Communicating Your Cause Workshop
- 8:00pm Mount Eustace Residents' Association Open Session
- 8:00pm Coolmine Drama Circle Reading and Discussion
- 8:00pm Castleknock Tidy Towns - Showcase 2020
- 8:30pm Tower Singing Circle Open Session

Tuesday 17 November

- 7:00pm One Good Adult Workshop
- 7:00pm LAF Collaboration and Equality 2020
- 7:00pm Community Safety, Crime and Policing Linkage Group
- 7:30pm 20th Year - Annual Photographic Exhibition
- 7:30pm Health, Econ & Social Impact on Migrant Communities
- 8:30pm Shifting Attitudes Film Festival

Wednesday 18 November

- 10:30am Social Prescribing – a lifestyle prescription
- 11:00am Swords Men Shed Open Forum
- 12:00pm Maintaining Good Mental Health in Covid 19

Wednesday 18 November (cont.)

- 7:00pm 5 Ways to Well Being for Community Groups
- 7:30pm Fingal Integration Forum
- 8:00pm Online "Ukeathon"

Thursday 19 November

- 12:00pm Irish Red Cross Migration Services
- 3:10pm The Cost of Disability
- 4:00pm Inclusion and Cultural Exchange
- 6:00pm Why not Volunteer in your local community
- 7:00pm Housing, Planning and Transport Linkage Group
- 7:00pm Intercultural and Diversity Awareness Workshop
- 7:00pm Self Care for One Good Adult Workshop
- 7:30pm Men's Winter Programme

Friday 20 November

- 10:00am Connect & Include: Why Digital Inclusion is Social Inclusion
- 11:00am Mixed Ability Rugby Fun for All
- 2:10pm Environmental Awareness Today!
- 4:00pm English for Living: podcasts for learners of English
- 7:00pm Online "Tradathon"

Saturday 21 November

- 10:00am Useful tips by Skerries Autism Friendly Town
- 7:00pm Children4WorldChildren-Connect (C-Connect)



www.fingalinclusionweek.ie  [#fingalinclusionweek](https://twitter.com/fingalinclusionweek)

An initiative of Fingal County Council and Fingal Public Participation Network

Comhairle Contae
Fhine Gall
Fingal County
Council

