



11-17 NOVEMBER 2019

It's for everyone!



About Fingal Inclusion Week

Fingal Inclusion Week 2019 is an initiative led by Fingal County Council and Fingal Public Participation Network (the PPN). 2019 is the first year this has taken place in Fingal.

Over 100 events will take place across the County of Fingal from Monday 11th November to Sunday 17th November. All Fingal Inclusion Week events are free to attend and open to everyone.

Fingal Inclusion Week aims to:

Highlight the positive work that communities, agencies and other organisations are involved in to reduce social exclusion and poverty in Fingal.

Raise awareness of the barriers experienced by citizens of Fingal that lead to social exclusion.

Promote an understanding of inclusion in Fingal and celebrate diversity across the county.

Fingal Inclusion Week Steering Committee

The organisation of Fingal Inclusion Week is overseen by a steering committee of PPN Members supported by officials from Fingal County Council and Fingal PPN. Members of the Steering Committee include representatives of Blanchardstown Centre for Independent Living, Blanchardstown Traveller Development Group, Empower, IGBO Union Dublin, Lusk Community Council, Naul Community Council, New Communities Partnership and North Dublin Citizens Information Service.

How do I get involved in Fingal Inclusion Week?

It is easy! Browse through this booklet, choose the events that you are interested in and just show up! You will be welcomed with open arms. Please be aware though, some events require you to book a place in advance due limited space being available.

Fingal County Council Migrant Integration and Social Cohesion Strategy 2019-2024 Launch

In celebration of Fingal Inclusion Week, Fingal County Council will be launching the Fingal County Council Migrant Integration and Social Cohesion Strategy 2019-2024. The strategy aims to make sure Fingal County Council's services meet the needs of the diverse population and contribute to making Fingal a where all who live, work and visit are valued.

All are welcome at attend the launch on Friday 8th November 4.00pm to 5.30pm
Fingal County Council, County Hall , Main St, Swords.

How do I read the event listings?

**Monday 11
November 2019** ← The top of each page will display the day of the week the events take place on.

**Mulhuddart Family
Integration Programme** ← This is the title of the event.

5.30pm – 7.00pm ← This is the time the event takes place.

An 8 week family support programme focusing on bringing families from the local community together to develop relationships and share information. **Places are limited.** ← This is a description of the event.

Registration required.

Mulhuddart Community Centre
Church Rd, Mulhuddart, Dublin 15 ← This is the organiser of the event and the venue for where the event is taking place.

Deirdre Costello
e: mulhuddartcc@gmail.com ← This is the contact person and their contact details for the event.
t: 01 821 5120

Where can I get more information?

A special web address has been setup: www.fingalinclusionweek.ie where you will find the most up to date information on Fingal Inclusion Week events. You can also download the “**Unheard Voices**” mobile phone application. Every event listing has a phone number or email address, please use these for queries about specific events.

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Monday 11 November 2019



Community Library

9.00am – 2.00pm

Open all week, the community library has a wide genre of books, a lot of which are large print.

Castleknock Community Centre

Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com

t: 086 087 2925

Inclusive Learning, Human Rights and the Sustainable Development Goals

10.00am – 11.00am

Social Care Students and Daughters of Charity Learners host workshop on their experience learning on an integrated programme. Workshop on linking Human Rights and the Sustainable Development Goals.

Technological University Dublin - Blanchardstown Campus

Lecture Room D025
Blanchardstown Road North,
Dublin 15 D15 YV78

Deirdre Bonar

e: Deirdre.bonar@tudublin.ie

t: 01 885 1162

Applewood Coffee Morning

10.00am – 11.30am

A Coffee Morning and forum to highlight Fingal Inclusion Week and events together with making people aware of what is happening in their local Community Centre.

Applewood Community Centre

Castleview Lawn, Bunbury Gate Road,
Swords, Co. Dublin, K67 P7V2

Robbie Riordan

e: robbie.riordan@acacia.ie

t: 086 041 8986

Pitch and Putt

10.00am – 12.00pm

Come along and enjoy a game of Pitch & Putt. Please bring clubs with you. Golf balls & Tees provided. **This is an outdoor event.**

Portmarnock Pitch & Putt Club

At the top of the Lane behind St Annes Church, The Dunes, Portmarnock, D13 XA02

Sean Cadogan

e: sean.cado@yahoo.com

t: 087 149 9058

Monday 11 November 2019



Money Magic Course

10.00am – 1.00pm

This is a light hearted, fun and interactive workshop about how to increase your worth with some money magic. Overcome under-earning. Do more with less effort and less money. Feel comfortable talking about money. Booking required.

Adult Education Service, Swords, DDLETB

Adult Education Service, 7 The Plaza,
Forster Way, Swords, K67 W260

Seamus Hughes

e: seamushughes@ddletbaes.ie
t: 01 840 8946

“Know Your Rights” Information Roadshow Blanchardstown

11.00am – 12.00pm

Telling you ways to either save money or make more money including employment rights, tax, back to work supports, as well as social welfare.

North Dublin Citizens Information Service

Blanchardstown Library,
Blanchardstown Centre,
Dublin 15, D15 RY73

Michela Benassi

e: blanchardstown@citinfo.ie
t: 086 024 8189

Combatting Racism in Irish Society

11.00am – 1.00pm

European Network Against Racism Ireland
explore the topic of combatting racism in
Irish society.

Technological University Dublin - Blanchardstown Campus

Blanchardstown Road North,
Dublin 15 D15 YV78

Brid Ni Chonail

e: brid.nichonail@tudublin.ie
t: 01 885 1162

Computer Class for Seniors

1.00pm – 3.00pm

This is a free beginners computer class ideal
for Senior Citizens.

Baldoyle Community Hall

Main Street, Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie
t: 01 839 5338

Monday 11 November 2019



Art Workshop

1.00pm – 3.00pm

Arts workshop to learn about and promote acceptance, inclusion and diversity in a fun environment!

Loving and Affectionate Family

Ladyswell National School, Mulhuddart

Yetunde Joyce Oyeneyin

e: lovingandaffectionatefamily@gmail.com

t: 087 269 5893

Information Event on Alzheimer Services

2.00pm – 4.00pm

An Information event on the services and supports the Alzheimers Society of Ireland Social Club provide. The Social club is open to people living with Dementia and their caregivers.

Castleknock Community Centre

Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com

t: 086 087 2925

Men's Group Open Day

2.30pm – 4.30pm

An Open Day for men of all ages who live in the area. Potential new members invited along on the day.

Mountview Men's Group

Mountview FRC, 11 Whitechapel Crescent,
Mountview, Dublin 15 D15 R6FX

Niamh Collins

e: niamhmfr@gmail.com

t: 086 750 9864

Mulhuddart Family Integration Programme

5.30pm – 7.00pm

An 8 week family support programme focusing on bringing families from the local community together to develop relationships and share information. **Places are limited.**

Registration required.

Mulhuddart Community Centre

Church Rd, Mulhuddart, Dublin 15

Deirdre Costello

e: mulhuddartcc@gmail.com

t: 01 821 5120

Monday 11 November 2019



Social Inclusion and Awareness for Sickle Cell Patients

6.00pm – 8.00pm

Information evening to create awareness about sickle and its implication for the sufferers, families and the wider society.

This awareness is envisioned to enable members of Irish society to develop effective strategies for catering for the needs of people living with sickle cell.

Sickle Cell Society Ireland

Blanchardstown Library,
Blanchardstown, D15 RY73

Esther Onolememen

e: info@sicklecellireland.ie
t: 087 989 0691

“Know Your Rights” Information Roadshow Donabate

6.30pm – 7.30pm

Telling you ways to either save money or make more money including employment rights, tax, back to work supports, as well as social welfare.

North Dublin

Citizens Information Service

Donabate Library, Portrane Road,
Donabate, Co. Dublin, K36 F598

Andrew McCann

e: fingal@citinfo.ie
t: 087 293 7153

The Most Intriguing Card Game

6.30pm – 10.30pm

Bridge is the most intriguing of all card games. Curious? Find out what it's all about! Introductory lesson, followed by some card playing and a cup of tea. **Booking required.**

Phoenix Active Retirement Centre

Westmanstown Sports Centre (Upstairs),
Westmanstown, Dublin 15, D15 Y2DH

Billy Breen

e: parcbridge@gmail.com
t: 087 252 2470

Monday 11 November 2019



Information Session and Open Meeting on Fingal Integration Forum

6.30pm – 8.30pm

As part of the new Fingal Social Cohesion and Integration Strategy, Fingal Public Participation Network will setup the Fingal Integration Forum in 2020. This session invites interested members to find out more and get involved in shaping the forum.

Fingal Public Participation Network

Venue: To be confirmed.

Contact organiser directly.

Jamie Moore

e: info@fingalppn.ie

t: 01 890 6235

Mount Eustace Residents Association Open Evening

7.00pm – 9.00pm

Come and meet residents association representatives, celebrate our achievements and promote active citizenship.

Mount Eustace Residents Association

Tyrrelstown Community Centre,
Tyrrelstown, D15 PWY2

Todd Pocius

e: METyrrelstown@gmail.com

t: 087 786 6326

International Inclusion Night

7.30pm – 9.30pm

An evening of sharing culture, food, origins and craic.

Rush Athletic FC

The Strand Bar, 11 Upper
Main St., Rush, Co Dublin K56D722

Shay Dempsey

e: shaydy@gmail.com

t: 086 349 5442

Tuesday 12 November 2019



Inclusion Week Coffee Morning

10.00am – 11.30am

A Coffee Morning and forum to highlight Fingal Inclusion Week and events together with making people aware of what is happening in their local Community Centre.

Holywell Community Centre

Holywell, Swords, K67 P8P9

Robbie Riordan

e: robbie.riordan@acacia.ie

t: 086 041 8986

Open Day 10.00am – 12.00pm

Drop in for a cup of tea and find out all the Mens Shed!

Baldoye Mens Shed

Baldoye Community Hall,
Main Street, Baldoye, D13 KK55

Heidi Bedell

e: info@baldoyeforum.ie

t: 01 839 5338

Tea and Talk Party

10.00am – 12.00pm

What do we love in Ireland? Talking and drinking tea. Talking is good for your mental health. It's as simple as that. Come along!

Fingal Counselling Service

B.A.S.E. Centre, Brackenstown,
Swords, K67 PH96

Denise McDermott

e: fcsdenise@yahoo.ie

t: 01 890 2596

Balbriggan Community Forum

10.00am – 12.00pm

Bringing together community and voluntary groups in the Balbriggan area. The event will focus on sharing their experiences in obtaining, funding, new members, planning ahead and sourcing information.

Empower

1 Georges Square, Balbriggan,
Co Dublin, K32 HK25

Jean Clifford

e: jclifford@empower.ie

t: 087 287 9405

Failte Isteach English Class

10.00am – 12.00pm

Come along to our open morning for people whose first language is not English. Meet people from other countries who are learning or improving their spoken English. Bring a neighbour or friend! (Over 18s)

Rush Failte Isteach

Rush Multi-Purpose Youth Facility
(Martin's Shop), Chanel Road,
Rush, K56 CC90

Elizabeth Burke

e: failteisteachrush@gmail.com

t: 087 215 0466

Tuesday 12 November 2019



An introduction to Mindfulness

10.00am – 12.00pm

Still the body, quieten the mind and deal better with daily life, stresses and challenges. A introduction to mindfulness and some simple practices that can be integrated into daily life.

Adult Education Service, Blanchardstown, DDLETB

Main Street, Blanchardstown Village,
D15 T3KT

Eoin McCabe

e: eoinmccabe@ddletbaes.ie

t: 087 246 5570

So, you've retired, what's next?

10.00am – 12.30pm

A coffee morning, workshop and information session for the retired community. Topics will include keeping active, getting involved with the community, positive mental attitudes and information on local resources.

Base Enterprise Centre

Base Enterprise Centre CLG, Damastown
Road, Mulhuddart, Dublin 15, D15 EPP4

Emma O'Toole

e: emma@base-centre.com

t: 086 180 5658

Failte Isteach English conversation classes for Migrants

10.00am – 12.30pm

Learn English or improve your level of English! Meet new people and share stories with other people in the community.

Castleknock Community Centre

Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com

t: 086 087 2925

A Choir to Remember

11.00am – 1.00pm

The Forget me Nots Choir is for people suffering from Dementia - as seen on RTE. All are welcome to this show.

Baldoyle Community Hall

Main Street, Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie

t: 01 839 5338

Tuesday 12 November 2019



Chairobics Class

12.00pm – 1.00pm

Chairobics exercise classes are designed to help seniors improve their health and flexibility, and also help them feel included in everyday activities, by helping them socialise and feel less lonely.

Castleknock Community Centre

Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com
t: 086 087 2925

Drop In Centre: ARC Cancer Support

12.30pm – 1.30pm

ARC Cancer Support Centers provide support for people affected by cancer and their relatives in a safe, welcoming and confidential setting. ARC offers psycho social, emotional and practical care through various services.

Castleknock Community Centre

Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com
t: 086 087 2925

Introduction to Floristry

12.40pm – 2.40pm

Explore your creative side? Brighten your home and lift your spirits with this introduction to flower arranging. **Booking Required.**

Adult Education Service, Balbriggan, DDLETB

Castlemill Education Centre, Hamlet Lane,
Balbriggan, Co.Dublin, K32 HD28

Seamus Hughes

e: seamushughes@ddletbaes.ie
t: 01 841 7763

Social Tea And Chat

2.00pm – 4.00pm

Le Cheile Active Retirement Group will be meeting for tea and a chat. Talks on subjects of interest, planning outings and an opportunity to socialise and integrate into the wider community.

Le Cheile Active Retirement Group

Castleknock Community Centre,
Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com
t: 086 087 2925

Tuesday 12 November 2019



Simply Talk

2.00pm – 5.00pm

An information desk to inform people about the MaryCare group, and create awareness about loneliness and isolation.

MaryCare Group

Blanchardstown Library,
Blanchardstown, D15 RY73

Mary Ogunleye

e: maryoluyemi@yahoo.ie
t: 087 912 4494

Children4World Children Information Day

2.00pm – 5.30pm

Children4WorldChildren will have a stand showcasing opportunities in field research, report preparation, fundraising, documentary making, preparing newsletters, and event organization.

Be part of our team, if interested and enjoy a FREE HAIR BRAID.

Children4WorldChildren

Blanchardstown Library,
Blanchardstown, D15 RY73

Abi Wise

e: c4wcorganisation@gmail.com
t: 089 962 9735

Active Retired Activities

2.00pm – 4.00pm

Loads of activities for people who are retired including Bowling, Cards, Knitting, Bingo, Tea and Coffee.

Baldoye Community Hall

Main Street, Baldoye, D13 KK55

Heidi Bedell

e: info@baldoyeforum.ie
t: 01 839 5338

Sensory Storytelling Session

3.30pm – 4.30pm

Silver Tree is a performance based on the legend of the Ursitoarea fairy from Romania. It is a calm, reflective, first time experience suitable for everyone. **Booking is essential.**

Baldoye Library

The Mall (Off Strand Road), Baldoye,
Dublin 13, D13 Y304

Lilian Whelan

e: baldoyelibrary@fingal.ie
t: 01 890 6793

Tuesday 12 November 2019



Celebrating 30 Years of Blakestown Community Centre

4.00pm – 8.00pm

In celebration of 30 years in operation, the centre is bringing the community new and old together to take the time to share the culture, music and stories of our shared community experience.

Blakestown Community Centre

Blakestown Community Centre,
Blakestown Way, D15 TX62

Mervyn Nutley

e: mervyn.nutley@acacia.ie

t: 086 466 9302

An introduction to Mindfulness

7.00pm – 9.00pm

Still the body, quieten the mind and deal better with daily life, stresses and challenges. An introduction to mindfulness and some simple practices that can be integrated into daily life. **Booking Required.**

Adult Education Service, Swords, DDLETB

7 The Plaza, Forster Way,
Swords, K67 W260

Seamus Hughes

e: seamushughes@ddletbaes.ie

t: 01 821 2829

Funding Social Inclusion Activity and Effective Fundraising

7.00pm – 9.00pm

Did you know the LEADER programme funds Social Inclusion projects that improve access to services for rural communities? Or the provision of facilities and activities for Young People? Do you want to learn more about effective fundraising? If so, this is the event for you!

Fingal Leader Partnership and Fingal Public Participation Network

County Hall, Main Street,
Swords, Co. Dublin, K67 X8Y2

Book your place:

e: info@fingalleaderpartnership.ie or
info@fingalppn.ie

t: 01 807 4282 or 01 890 6235

Wednesday 13 November 2019



Youthreach Information Exchange

9.30am – 12.30pm

Visit us in our centre and hear more about how we work with 16-20 year olds to support them in progressing on to further education, training or employment. Tell us more about your organisation!

Youthreach Balbriggan

Sarsfield House, Mill Street,
Balbriggan, Co. Dublin, K32KX82

Frances Killeen

e: info@balbrigganyr.ie
t: 01 968 0600

Balbriggan Childcare Forum

10.00am – 12.30pm

Empower would love to hear your ideas, experience and concerns of accessing childcare in Balbriggan. The event will provide an opportunity for people to come together to look at the affordable childcare needs in Balbriggan.

Empower

1 Georges Square, Balbriggan,
Co Dublin, K32 HK25

Pauline Mangan

e: pmangan@empower.ie
t: 087 419 0777

Intercultural Competency and Diversity Awareness Training

9.30am – 4.30pm

Intercultural Competency and Diversity Awareness Training for frontline Fingal County Council Staff. This course aims to raise staff awareness in areas of culture, legal and immigrant legislation.

Fingal County Council

Blanchardstown Library,
Blanchardstown, D15 RY73

Valerie McAllorum-Byrne

e: valerie.mcallorumbyrne@fingal.ie
t: 087 905 1999

Money Magic Course

10.00am – 12.00pm

Aoife Gaffney coaches women to be a WITCH (Woman in Total Control of Herself) gaining financial freedom through overcoming underearning, creating wealth building plans and feeling comfortable talking about money.

Adult Education Service, Blanchardstown, DDLETB

Riversdale Adult Education Service,
Blanchardstown Road North, D15YWE5

Seamus Hughes

e: seamushughes@ddletbaes.ie
t: 01 821 2829

Wednesday 13 November 2019



The Afri Hedge School 2019 Human Rights and Social Justice Conference

10.00am – 4.00pm

The Afri Hedge School 2019 Human Rights and Social Justice Conference will focus on themes such as War, Conflict, Peace, Refugee Crisis, Direct Provision and Climate Change.

Technological University Dublin - Blanchardstown Campus

Blanchardstown Road North,
Dublin 15D15 YV78

Liam McGlynn

e: liam.mcglynn@tudublin.ie

t: 01 885 1514

Tai Chi

10.30am -11.00pm

Come along and try a short session of Tai Chi.

Active Age for All Donabate/Portrane

Donabate Portrane Community Centre,
Portrane Road, Donabate,
Co. Dublin, K36 F598

Mary Farrell

e: activeageforall@gmail.com

t: 086 856 6900

Conaí Clubhouse EVE / HSE Open Day

10.30am – 1.30pm

For all who have an interest in mental health recovery. Members will demonstrate how they are living well and working well in our community. Hear our stories and see first hand recovery and hope in practice.

Conaí Clubhouse EVE / HSE

Main Street Blanchardstown,
Dublin 15, D15 HE30

Síobhra Mahony

e: smahony@eve.ie

t: 01 805 3472

Stronger for Longer

11.00am – 11.30am

A new exercise programme for older people comprising of circuit training.

Active Age for All Donabate/Portrane

Donabate Portrane Community Centre,
Portrane Road, Donabate,
Co. Dublin, K36 F598

Mary Farrell

e: activeageforall@gmail.com

t: 086 856 6900

Wednesday 13 November 2019



Further Education and Training Options Coffee Morning

11.00am – 12.30pm

This Coffee Morning will offer you the opportunity to find out about upcoming courses that can help you enhance your current skills or learn brand new skills. All courses will take place in the Balbriggan/Dublin North.

DDLETB - Dublin and Dun Laoghaire Education & Training Board

The Bracken Court Hotel - Ardgillan Suite,
Bridge Street, Balbriggan, K32 D521

Sharon Fields-Lockwood

e: sharonfields@ddletb.ie

t: 086 374 3634

Launch: Fingal Community Facilities Network Information Booklet

11.00am – 1.00pm

Connecting Communities across Fingal, this booklet will be launched by the Mayor of Fingal and provides information on the range of facilities and services available in Community Centres and Facilities across the County.

Fingal Community Facilities Network

Donabate Portrane Community Centre,
Portrane Road, Donabate,
Co Dublin, K36 F598

Janet Ivers

e: janet.ivers@fingal.ie

t: 01 843 4546

Irish Society and Interculturism

11.00am – 3.00pm

A dialogue on Irish society and intercultural connectivities through discussion, music, culture and relationships.

Africa-Irish Development Initiative (AIDI) CLG

Arrangement not yet concluded

Zephyrus Zeph Ikeh

e: zephimmanuel@yahoo.co.uk

t: 089 469 4780

Men's Shed Open Day

11.00am – 3.00pm

The Open Day will provide an opportunity to meet members and to learn about the Shed and its activities. Visitors may be interested in joining or know someone else who might be interested.

Swords Men's Shed

Seatown Road, Swords, K67 H2F2
(access is via the ALDI entrance)

Thomas Haesy

e: thaesy@eircom.net

t: 086 278 5075

Wednesday 13 November 2019



Independent Living Open Day

11.00am – 5.00pm

Come and understand the ethos of Independent Living in the Dublin 15 community, listen to members of our peer support groups speak and encourage other people with disabilities to join and strengthen the Disability Community in D15.

Blanchardstown Center for Independent Living

2nd Floor Parkside House,
Main Street, Mulhuddart, D15 T9EP

Antoinette/Geraldine

e: admin@bcil.ie

t: 01 827 0609

Siel Bleu

11.00am – 12.00pm

Gentle physiotherapy exercise for people recovering from an injury, surgery or condition.

Baldoye Community Hall

Main Street, Baldoye, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie

t: 01 839 5338

Silver Threads Life Writing and Storytelling

11.30am – 1.30pm

A pilot workshop which will introduce some aspects of life writing or life storytelling. An intergenerational project, where participants will gather memories or stories working with photographs from their own family albums.

Active Age for All Donabate/Portrane

Donabate Portrane Community Centre,
Portrane Road, Donabate,
Co. Dublin, K36 F598

Mary Farrell

e: activeageforall@gmail.com

t: 086 856 6900

Positive Integration Showcase

12.30pm – 2.00pm

A showcase of our involvement in community work and all the positive integration work we do in the community and Irish Society. The group helps alleviate loneliness and offers support to Muslim Woman.

Muslim Women Together

Castleknock Community Centre,
Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com

t: 086 087 2925

Wednesday 13 November 2019



Active Retired Activities

2.00pm – 4.00pm

Loads of activities for people who are retired including Bowling, Cards, Tea and Coffee.

Baldoyle Community Hall

Main Street, Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie

t: 01 839 5338

“Know Your Rights” Information Roadshow

Telling you ways to either save money or make more money including employment rights, tax, back to work supports, as well as social welfare.

Baldoyle – 3.00pm – 4.00pm

North Dublin Citizens Information Service

Baldoyle Library, Strand Road,
Baldoyle, Dublin 13, D13 Y304

Andrew McCann

e: fingal@citinfo.ie

t: 087 293 7153

Howth – 6.30pm – 7.30pm

North Dublin Citizens Information Service

Howth Library, Main Street,
Howth, Dublin 13, D13 VY50

Michela Benassi

e: blanchardstown@citinfo.ie

t: 086 024 8189

The Kebam Open Day

4.00pm – 6.00pm

Youth Leadership. Learn about being responsible, taking charge and caring for people, places and property in your local area. Learn about connecting with international friends!

The Kebam

Balbriggan Library, St. George's Square,
Balbriggan, K32 TW27

Emma Idowu

e: ema.thekebam@gmail.com

t: 087 786 4331

3 Day Youth Program

5.00pm – 9.00pm

Artwork promoting inclusion, multicultural themed drop-in cafe, cooking traditional dishes and a prosocial activity. **This is an indoor and outdoor event.**

Foroige

Flemington Community Centre,
Hamlet Lane, Balbriggan, K32 HD28

Stephanie Cleary

e: stephanie.cleary@foroige.ie

t: 086 771 0790

Wednesday 13 November 2019



Castleknock Tidy Towns Showcase

6.30pm – 8.00pm

See the BEFORE and AFTER photos of the work our group has completed during 2019. Meet our team and hear more about volunteering opportunities, biodiversity and the environment. All are welcome!

Castleknock Tidy Towns

Castleknock Lawn Tennis Club,
Old Navan Road, Castleknock,
Dublin 15, D15 NY10

Evelyn Pender

e: castleknocktidytowns@gmail.com
t: 087 987 2786

An introduction to Mindfulness

7.00pm – 9.00pm

Still the body, quieten the mind and deal better with daily life, stresses and challenges. An introduction to mindfulness and some simple practices that can be integrated into daily life. **Booking required.**

Adult Education Service, Balbriggan, DDLETB

Sarsfield House, Mill Street,
Balbriggan, Co.Dublin, K32 KX82

Seamus Hughes

e: seamushughes@ddletbaes.ie
t: 01 840 8946

Strengthening Communities: Reduce anti-social behaviour and create positive community partnerships.

7.30pm – 9.30pm

The Fingal PPN Community Safety Linkage Group host a panel discussion on strengthening communities. Our main speaker, Professor Duncan Morrow is a lecturer in politics from University of Ulster and is published widely in the fields of conflict resolution and engaging with communities and organisations to promote peace, encourage social integration and community empowerment. Other speakers on the evening include Senior managers from Social Inclusion HSE, Regional Drug and Alcohol Task Force, Cairde and the Gardai.

If you are interested in making a positive change in your community, please feel welcome to attend.

Fingal Public Participation Network

The Bracken Court Hotel - Ardgillan Suite,
Bridge Street, Balbriggan, K32 D521

Tom O'Brien

e: tom@fingalppn.ie
t: 01 890 6235

Thursday 14 November 2019



Meet Your Neighbour Coffee Morning

10.00am – 12.00pm

Meet members of the community living in Balbriggan and share Eritrean coffee, bake breads from around the world (Romania, Ireland, Easter Europe & Asia) and taste of the nation refreshments.

Aster Family Resource Centre

1 Georges Square, Balbriggan,
Co Dublin, K32 HK25

Betsy Abu

e: babu@asterfamilysupport.ie

t: 01 223 3242

Community Services Showcase

10.00am – 12.00pm

A showcase of the list of services offered to the local community provided by Parslickstown House. Food and refreshments provided along with relevant information on many services in the area.

Parslickstown House

Ladyswell road, Mullhudart, Dublin 15

Derek Keegan

e: derek.keegan@acacia.ie

t: 086 014 4773

Women Get Together Knitting Group

10.30am – 12.00pm

A chance for women to get together, have a chat, make new friends and learn a new skill.

The Knitting and Crochet Club

Castleknock Community Centre,
Laurel Lodge Road, Castleknock,
Dublin 15, D15 T3PN

Catherine Coady

e: catherine.communitycentre@gmail.com

t: 086 087 2925

Mount Eustace Residents Association Open Morning

11.00am – 12.00pm

Come and meet residents association representatives, celebrate our achievements and promote active citizenship.

Mount Eustace Residents Association

Tyrrelstown Community Centre,
Holbstown Road, Tyrrelstown,
Dublin 15, D15 PWY2

Todd Pocius

e: METyrrelstown@gmail.com

Thursday 14 November 2019



ICA Open Day

11.00am – 3.00pm

We offer you friendship, fun, opportunities to meet and get to know other women. Join a craft group, develop your craft skills or learn a new Craft. Walking group, Pitch & Putt, Talks, and much more. Get involved today!

Irish Countrywomens Association (ICA) Blanchardstown Guild

Blanchardstown Shopping Centre
(near Service Desk),
Blanchardstown, Dublin 15

Secretary

e: blanchguildica@gmail.com

Educake!

1.30pm – 3.30pm

Afternoon Tea and Cake and an opportunity to find out about Adult Education Learning Opportunities. Bring a friend along, have a chat with our helpful staff and find out what courses and supports we have to offer.

Adult Education Service, Balbriggan, DDLETB

Sarsfield House, Mill Street,
Balbriggan, Co. Dublin, K32 KX82

Zara Rogers

e: zararogers@ddletbaes.ie

t: 01 841 7763

The Ripple Effect

5.30pm – 7.30pm

Drama class for children with socialisation difficulties.

Baldoye Community Hall

Main Street, Baldoye, D13 KK55

Heidi Bedell

e: info@baldoyeforum.ie

t: 01 839 5338

“Know Your Rights” Information Roadshow Balbriggan

6.30pm – 7.30pm

Telling you ways to either save money or make more money including employment rights, tax, back to work supports, as well as social welfare.

North Dublin

Citizens Information Service

Balbriggan Library, St. George's Square,
Balbriggan, Co. Dublin, K32 TW27

Michela Benassi

e: blanchardstown@citinfo.ie

t: 086 024 8189

Thursday 14 November 2019



Arts, Community, Heritage and Sports Linkage Group Meeting

7.00pm – 9.00pm

What would a Citizens Charter on Arts, Community, Heritage and Sports services, facilities and aspirations look like? Come along and offer your views on what we need for Future Fingal!

Fingal Public Participation Network

County Hall, Main Street,
Swords, K67 X8Y2

Heidi Bedell

e: artscommunitysports@fingalppn.ie

t: 01 890 6235

Launch: Skerries Autism Friendly Town Initiative

8.00pm

The focus of this initiative is to provide a coherent and inclusive voice for autism in Skerries. All welcome.

Skerries Autism Friendly Town

Scoil Realt na Mara, Skerries

Michael Fanning

e: skerries.aft@gmail.com

t: 087 417 4917

Friday 15 November 2019



Chair Yoga

10.00am – 11.00am

Modified yoga poses so that they can be done while seated in a chair. Suitable for Senior Citizens.

Baldoyle Community Hall

Main Street, Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie

t: 01 839 5338

Coffee Morning

10.00am – 12.00pm

The North Dublin Regional Drug and Alcohol Task Force invites the public to come and learn about its strategy and the services it provides throughout North Dublin.

North Dublin Regional Drug and Alcohol Task Force

32/33 Main Street, Malahide (Above Paperweight), K36 EE72

Richie Stafford

e: richie@ndublinrdtf.ie

t: 086 781 5076

Migrant Mental Health Workshop

10.00am – 1.00pm

Bringing together migrant parents in Fingal, for a workshop on mental health issues affecting their communities and giving the opportunity to tell their stories. Information available on drug abuse, depression, suicide and other risks facing migrant children.

New Communities Partnership

Balbriggan Community Centre, Dublin St, Balbriggan, Co. Dublin, K32 NA00

Raymond Muwaniri

e: raymond@newcommunities.ie

t: 087 341 7440

Winter Festival Intergenerational Art Project

10.00am – 4.00pm

Inviting people from all organisations in the community to contribute to an inter-generational art project to produce a Winter Festival piece.

The Bleeding Pig Cultural Festival

Donabate Portrane Community Centre, Portrane Road, Donabate, Co Dublin, K36 F598

Eilish MacDermott

e: eilishmacdermott64@gmail.com

t: 087 791 1833

Friday 15 November 2019



Introduction to Floristry

10.00am – 12.00pm

Explore your creative side? Brighten your home and lift your spirits with this introduction to flower arranging. **Booking required.**

Adult Education Service, Blanchardstown, DDLETB

Riversdale Adult Education Service,
Blanchardstown Road North, D15YWE5

Seamus Hughes

e: seamushughes@ddletbaes.ie

t: 01 821 2829

Maths for Everyday Life

10.30am – 12.00pm

Would you like to be more confident with numbers and help your kids with their homework? This talk might help and will provide tips for adults to help improve basic maths skills for everyday living.

Adult Education Service, Swords, DDLETB

7 The Plaza, Forster Way,
Swords, K67 W260

Mary McGrath

e: marymcgrath@ddletbaes.ie

t: 01 840 8946

“Know Your Rights” Information Roadshow Swords

11.00am – 12.00pm

Telling you ways to either save money or make more money including employment rights, tax, back to work supports, as well as social welfare.

North Dublin

Citizens Information Service

Balseskin Reception Centre,
St Margarets Rd, Dublin 11, D11 FX93

Michela Benassi

e: blanchardstown@citinfo.ie

t: 086 024 8189

“Know Your Rights” Information Roadshow Malahide

11.00am – 12.00pm

Informing the public on your rights and entitlements, as well as ways to save money and earn extra money!

North Dublin

Citizens Information Service

Malahide Library, Main Street,
Malahide, Co. Dublin, K36 EW63

Andrew McCann

e: fingal@citinfo.ie

t: 0761 077 510

Friday 15 November 2019



Music Fitness League

11.00am – 12.00pm

Exercise to music for people with limited mobility.

Baldoyle Community Hall

Main Street, Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie

t: 01 839 5338

Active Retired Activities

2.00pm – 4.00pm

Loads of activities for people who are retired including Bowling, Cards, Darts, Bingo, Tea and Coffee.

Baldoyle Community Hall

Main Street, Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie

t: 01 839 5338

“Know Your Rights” Information Roadshow Rush

3.00pm – 4.00pm

Telling you ways to either save money or make more money including employment rights, tax, back to work supports, as well as social welfare.

North Dublin

Citizens Information Service

Rush Library, Sandy Road,
Rush, Co. Dublin, K56 ED95

Andrew McCann

e: fingal@citinfo.ie

t: 087 293 7153

Teenage Disco Night

8.30pm – 10.30pm

A disco night for 14 to 17 year olds. Live DJ in house, refreshments provided on site and no costs to the attendees. Dancing Competition to take place with a prize of €50 for the winner.

Variety Show Group

Mulhuddart Community Centre,
Church Road, Mulhuddart,
Dublin 15, D15 R2VF

Tina Nwachukwu

e: varietyshowgroup@gmail.com

t: 089 963 5379

Saturday 16 November 2019



Turvey Park Experience

10.00am – 2.00pm

A family fun outdoor event. Games, fire making and cooking off an open fire whilst enjoying the natural environment. For those without transport, a bus will be provided to and from the Swords area. **Booking required. This is an outdoor event.**

OWLS The Childrens Nature Charity

Turvey Nature Reserve,
near The Village of Donabate, Co. Dublin

Andrew aka 'mouse' Fleming

e: info@owls.ie

t: 087 32 999 36

Quiz Show

10.00am – 2.00pm

A quiz show to help inform asylum seekers about Irish Society, encourage integration and raise awareness of local services.

Team Zimbabwe

Balseskin Reception Centre,
St Margarets Rd, Dublin 11, D11 FX93

Joseph Ndengu

e: jndengu@hotmail.com

t: 086 201 4078

A Walk with Bestfriends

10.30am – 11.30am

People of all ages are invited to walk in the park with us and our dogs on a social walk.

This is an outdoor event.

Fingal DOG

Rivervalley Park, Swords
(Meeting at Peacock Carpark)

Dermot Byrne

e: dogfingal@gmail.com

Raising the Bigger Issue of our Residents with Disabilities needs

11.00am – 12.00pm

A pop-up shop for the publication and display of an area survey on the accessibility of our area for people with disabilities - pathways, ramps, access, bus shelters and social area: what works and what doesn't!

Meakstown Community Council

Charlestown Shopping Centre,
St Margaret's Rd, Finglas North, D11 YY11

Claire-Ann Ferry

e: claireannferry@gmail.com

t: 087 628 9117

Saturday 16 November 2019



Amateur Drama Open Morning

11.00am – 1.30pm

An open morning where people of all levels of interest in all things amateur drama will chat over tea and cakes. Learn more about what amateur drama is, our upcoming events, and how you can take part. You never know, you might break a leg.

Coolmine Drama Circle

St. Bridgets Hall, Blanchardstown, Dublin 15

John Gavin

e: coolminedramacircle@gmail.com

t: 087 986 1070

Performance, Party and Tea!

12.00pm – 5.00pm

Young people spend so much time on social media. Come along to a teaparty to support them socialise in real life, celebrating the beauty in diversity and enjoy live performances, singing, and drumming.

Akwappaddys/Julie's Kitchen

The Riasc Centre, Feltrim Rd,
Swords, Co. Dublin, K67 PX85

Juliet Amamure

e: akwappaddys@gmail.com

t: 089 221 2933

Community Centre Open Day

1.00pm – 5.00pm

Come along and find out more about how you can join, meet people and make new friends. Learn about the activities of Naul Senior Citizens or find out more about the game of bridge with the Bridge Club.

Naul Community Centre

Main Street, Naul, K32 HD30

Paddy Nugent

e: gillblackburn@hotmail.com

t: 086 406 0070

Drop In Afternoon

1.00pm – 5.00pm

Come to meet, find out about and join in activities, groups and clubs in Naul! Irish Dancing, Yoga, the Choir, Gardening and Flower Arranging, Order of Malta, Community Council, Tidy Towns and more. Refreshments provided.

Naul Community Council

Seamus Ennis Arts Centre, Village Square,
Naul, Co Dublin K32 AY27

Gillian Blackburn

e: gillblackburn@hotmail.com

t: 01 807 8713

Saturday 16 November 2019



Youth Empowerment and Integration Seminar

2.00pm – 4.00pm

Activities of the day include a quiz, debate and dancing competition for all kids between the ages of 4 to 16 year olds. Kids and all their friends from school, streets, neighbours, churches etc. are cordially invited.

Igbo Union Dublin Diaspora

Blanchardstown Library,
The Civic Centre, Blanchardstown Centre,
Blanchardstown, Dublin 15

Kenneth Chukwu

e: kcdublin@hotmail.com
t: 086 351 4776

Catch Them Young Youth Program

2.00pm – 5.00pm

A youth program geared towards enlightening the Youths on their future role as Leaders of tomorrow.

IGBO UNION DUBLIN

Blakestown Community Centre,
Blakestown Way, D15 TX62

Anthony Onwuka

e: activity777@yahoo.com
t: 085 133 6844

Lusk Community Showcase

2.00pm – 5.00pm

Play your part in the community. Meet volunteers from the wide range of sporting, social, musical and community organisations. See the best in our community. Come along and enjoy.

Lusk Community Council

The Cottage Community Centre,
Church Road, Lusk, K45 VE83

Nicole Kearney

e: cottagcommunitycentre@yahoo.com
t: 01 895 4180

A Walk with Bestfriends

2.00pm – 3.00pm

People of all ages are invited to walk in the park with us and our dogs on a social walk.

This is an outdoor event.

Fingal DOG

Baldoye Racecourse Community Allotments,
Red Arches Rd, dublin 13 D13 XH77

Dermot Byrne

e: dogfingal@gmail.com

Saturday 16 November 2019



Youth Skills Seminar

4.00pm – 7.00pm

Speakers, mentors and youth coaches will engage young people on Mental Health, Communication, Life Skills, Bullying and Antisocial Behaviour through role play and debate.

Ada Igbo Ireland

Mulhuddart Community Centre,
Church Road, Mulhuddart,
Dublin 15 D15 R2VF

Stephanie Obijiaku

e: obijias@gmail.com
t: 089 464 6173

Zumba Intercultural Party

4.00pm – 7.00am

Zumba Intercultural party for kids and their parents. Physical activities and lots of fun for local people from different countries .

Polka

Flemington Community Centre,
Hamlet Lane, Balbriggan, K32 HD28

Aneta Laska

e: aneta_laska@yahoo.com
t: 086 360 9871

BINGO!

8.00pm – 10.00pm

An age old tradition.
This is an adult only non profit event.
Bingo books are €10 each with a prize pot of at least €675!

Baldoyle Community Hall

Main Street Baldoyle, D13 KK55

Heidi Bedell

e: info@baldoyleforum.ie
t: 01 839 5338

Sunday 17 November 2019



A Walk with Bestfriends

11.00am – 12.00pm

People of all ages are invited to walk in the park with us and our dogs on a social walk.

This is an outdoor event.

Fingal DOG

Malahide Castle Car Park (Main Entrance),
Dublin Road, Malahide Demesne, Malahide,
Co. Dublin, K36 C432

Dermot Byrne

e: dogfingal@gmail.com

Foosball Tournament

1.00pm – 4.00pm

Come and compete in the World Cup of Foosball! Test your footie skills and represent your country (or county) colours!

TESE Group

The Old Borough, 72/74 Main Street,
Swords, Glebe, Co Dublin K67 E6W7

Chamunorwa Rice

e: chamunorwarice@gmail.com

t: 083 180 4171

Woodland Winter Walk

2.00pm – 3.00pm

Ballyboughal Hedgerow Society is organizing a Wheelchair accessible Woodland Winter Walk by Church Hill and Back Lane Ballyboughal. Prize for the coolest woolly hat!

Let's try to identify together 100 different trees and plants on our Woodland Quiz Sheets. Tea later at the Brew.

Ballyboughal Hedgerow Society

Meet at O'Connors Village Inn.

Ann Lynch

e: lynchjustice@gmail.com

t: 086 363 8487

Lusk Heritage Showcase

2.00pm – 5.00pm

Learn about the history of Lusk in the 1908 Carnegie Library building at the historic Green. Experience the story of our historic town, amazing architecture and open spaces dating back to medieval times.

Lusk Community Council

Carnegie Library Community Hall,
The Green, Lusk, K45 E090

Brian Arnold

e: luskcommunity@yahoo.ie

t: 087 245 5099

Sunday 17 November 2019



Lusk Musical Showcase

2.00pm – 5.00pm

Enjoy listening to the Community Choir, discover the Black Raven Pipe Band and learn how to play guitar. You can be more musical, come along and enjoy.

Lusk Community Council

Saint Macullins Centre,
Lusk, K45 HF70

Brian Arnold

e: luskcommunity@yahoo.ie
t: 087 245 5099

Naul Foróige Open Meeting

7.00pm – 8.30pm

This is a youth club aimed at teenagers aged 13-17 years. We have a fun night planned with an interactive demonstration to get everyone involved.

Naul Foróige

Naul Community Centre,
Co. Dublin, K32 HD30

Aisling McNally

e: Naulforoige19@gmail.com

Kimbanguists Service

2.00pm – 5.00pm

Everyone is welcome to join the Congolese Kimbanguists congregation regardless of their beliefs. An uplifting experience of prayer, music and dance with truly warm and welcoming people.

Baldoye Community Hall

Main Street Baldoye, D13 KK55

Heidi Bedell

e: info@baldoyeleforum.ie
t: 01 839 5338



Fingal County Council Community Development Office

The development of strong, self-reliant and sustainable communities is central to the work of the Community Development Office.

Our role is to support local people, community and voluntary groups to deliver projects and initiatives in their communities. We work in partnership with other local statutory and community organisation to deliver county wide services.

How we support the Community:



**Project
Development**



**Group
Development**



**Community
Research**



**Community
Facilities**



**Events and
Conferences**



**Training and
Workshops**



Funding

Contact the Community Development Office



www.fingal.ie



01 890 5080



@fingalcommunity



community@fingal.ie

Fingal Public Participation Network

Fingal PPN is the local Public Participation Network. The PPN provides a structure for a two-way flow of information and engagement between Fingal County Council and Community, Environment and Social Inclusion groups. The PPN also provides opportunities for the capacity building and growth of its member organisations.

The PPN has 5 Linkage Groups. These are thematic networks based on issues such as Transport, Planning, Environment, Community, Tourism and so on. Get involved to work on issues across Fingal.

How we support our PPN members:



Consultations



Information



Publicity



Funding



Networking



Representation



Training

Contact the PPN



www.fingalppn.ie



01 890 6235



[/fingalppn](https://www.facebook.com/fingalppn)



[@fingalppn](https://twitter.com/fingalppn)



info@fingalppn.ie

www.fingalinclusionweek.ie

 **#fingalinclusionweek**

Share your Fingal Inclusion Week Experience!

If you are talking about Fingal Inclusion Week online or posting photos of events you attend, please use the hashtag **#FingalInclusionWeek** to let us know!

Remember: You can also tag Fingal County Council and Fingal PPN on Facebook and Twitter (**@FingalCoCo** and **@FingalPPN**)!

An initiative of Fingal County Council and
Fingal Public Participation Network